

COHORT 1 Europe & US							
Module	Month	Day	Unit	Pacific Time	Eastern Time	Central European Time	
1	September	11	Introduction	7 - 10am	10am - 1pm	4 - 7pm	
		12 - 13	1/1	7am - 12pm	10am - 3pm	4 - 9pm	
		26 - 27	1/2	7am - 12pm	10am - 3pm	4 - 9pm	
	October	17 - 18	1/3	7am - 12pm	10am - 3pm	4 - 9pm	
2	January	9	2/1	7am - 12pm	10am - 3pm	4 - 9pm	
		23	2/2	7am - 12pm	10am - 3pm	4 - 9pm	
	February	6	2/3	7am - 12pm	10am - 3pm	4 - 9pm	
		20	2/4	7am - 12pm	10am - 3pm	4 - 9pm	
	March	6	2/5	7am - 12pm	10am - 3pm	4 - 9pm	
		20	2/6	7am - 12pm	10am - 3pm	3 - 8pm*	
	April	3	2/7	7am - 12pm	10am - 3pm	4 - 9pm	
		17-18	2/8	7am - 12pm	10am - 3pm	4 - 9pm	
3	May	13-16	3	7am - 12pm	10am - 3pm	4 - 9pm	
*Please note time change for this date							
COHORT 2 Australasia & US**							
Module	Month	Day US	Day Asia	Unit	Pacific Time	Ubud/Perth (+1)	Melbourne/Sydney (+1)
1	October	29	30	Introduction	5 - 8pm	8am - 11am	11am - 2pm
	Oct - Nov	30 - 31	31 - 01	1/1	5 - 10pm	8am - 1pm	11am - 4pm
	November	13 - 14	14 - 15	1/2	5 - 10pm	8am - 1pm	11am - 4pm
	December	4 - 5	5 - 6	1/3	5 - 10pm	8am - 1pm	11am - 4pm
2	January	15	16	2/1	5 - 10pm	9am - 2pm*	12 - 5pm*
		29	30	2/2	5 - 10pm	9am - 2pm	12 - 5pm
	February	12	13	2/3	5 - 10pm	9am - 2pm	12 - 5pm
		26	27	2/4	5 - 10pm	9am - 2pm	12 - 5pm
	March	12	13	2/5	5 - 10pm	9am - 2pm	12 - 5pm
		26	27	2/6	5 - 10pm	8am - 1pm*	11am - 4pm*
	April	9	10	2/7	5 - 10pm	8am - 1pm	10am - 3pm*
		16-17	17-18	2/8	5 - 10pm	8am - 1pm	10am - 3pm
3	May	5-8	6-9	3	5 - 10pm	8am - 1pm	10am - 3pm
*Please note time change for this date							
** Depending on your region, live teaching sessions will reach you either in the evening (US) or morning/noontime the following day (Australasia)							